

CURRICULUM VITAE

Name: PANAGIOTA **Surname:** VOSKOU **Father's Name:** GEORGIOS **Mother's Name:** AIKATERINI **Date of Birth:** 24 October 1984 **Nationality–Citizenship:** Greek – Cypriot
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CURRENT STATUS

Specialist Neurologist (Consultant) at General Hospital of Chalkida, since 12 November 2020.

STUDIES

Graduate of Medicine of National and Kapodistrian University of Athens (NKUA) - years of studies 2002-2008 - Degree grade "Excellent"

Graduate of Postgraduate Specialization Diploma (Master) "Promoting Mental Health – Prevention of Psychiatric Disorders", 1st University Department of Psychiatry, Eginition Hospital, Medicine of NKUA – (Master) grade "Excellent".

Doctor of Medicine of NKUA – Title of doctoral thesis: "Standardization of a specialized evaluation instrument for the assessment of testamentary capacity of patients with dementia" – Grade "Excellent".

PREVIOUS WORK EXPERIENCE:

Specialist Neurologist at Primary Health Care Structure of Zografou-Athens (1st Health Region of Attica, Ministry of Health) from 30 January 2019 to 30 September 2020.

Research Fellow at 1st Department of Neurology ("Eginition" University Hospital) and 2nd Department of Neurology ("Attikon" General University Hospital), Athens in the context of Cognitive Disorders Unit.

Neurologist in the Private Clinic "Evangelistria" (1st October 2018 to 24 January 2019).

Neurologist in "Eginition" University Hospital (Athens) from 18 October 2016 to 21 March 2018 including.

Resident of: Neurology in Eginitio University Hospital of Athens for 33 months (2 December 2013 to 17 October 2016 including); Neurology in "Aghia Sofia" University Children's Hospital for 23 months (29 December 2011 to 11 November 2013 including); Psychiatry for 16 months in General District Hospital of Lamia (31 May 2010 to 30 September 2011 including); Internal Medicine for one year in General District Hospital of Chalkida (27 May 2009 to 29 May 2010 including).

MEMBERSHIPS: Founder Member of the "Attica Institute of Neurological Sciences" (2nd Neurological Department of Athens University), and; Hellenic Society of Forensic Psychiatry. Member of: European Academy of Neurology (EAN); EAN-Residents and Research Fellows Section (RRFS); EAN Dementia Panel; Movement Disorders Society (MDS); Hellenic Neurological Society; Medical Society of Athens; Hellenic Anticancer Society; Dementia Sector of the Hellenic Neurological Society.

ACADEMIC EXPERIENCE, including ongoing presentations in International and National Congresses annually

TEACHING EXPERIENCE

Educator and Author of the E-Learning Program "Medico-legal issues in memory disorders and dementias", University of Athens (3-month Program of 78 hours, recurrent full Courses during the academic year), since October 2020.

Educator-Visitor of the Master of Aristotelion University of Thessalonki", entitled "Neurosciences and Neurodegenerative diseases".

Teaching the course of "Development of specialized instruments for the assessment of testamentary capacity in patients with dementia" within the educational program for the Residents in the 2nd Psychiatric University Department, Attikon General University Hospital (Athens).

Teaching the courses of "Dementia and victimization" and "Dementia and legal capacity" within the Program of Postgraduate studies (Master of Sciences) of "Psychogeriatrics", University of Athens.

Teaching courses in the context of "Memory and Cognitive disorders" Clinic of 1st University Neurology Department within the educational program for the Residents in the 1st University Neurology Department (Eginitio Hospital).

Member of the Educators Registry of “Lifelong Education and Learning Centre” of National and Kapodistrian University of Athens.

Webinars entitled: “The assessment of legal capacity in dementia”, 12th March 2022, in the context of the educational program of Hellenic Neuropsychological Society; “Testamentary Capacity Assessment Tool (TCAT) in dementias”, 13th March 2022, in the context of education activities of Alzheimer Athens Society.

Reviewer in the: Canadian Journal of Psychiatry (IF for 2019/2020: 4.080); Experimental Gerontology (IF for 2018/2019: 3.080); Journal of Geriatric Psychiatry and Neurology (IF 2019/2020: 2.970), and; Psychological Reports (IF 2020:1.535).

Updating of the Neurological Scales and Scores in the Dementia field as an RRSF Member of Dementia Scientific panel Activities (European Academy of Neurology).

Teaching seminars entitled “Instruments assessing legal capacity in dementia” organized by Neuroscience and Mental Health Organization “Ombrela”.

Informal educating Medical School students in the context of my specialty in Neurology in 1st Neurological Department of University of Athens.

“ACLS –Advanced Cardiac Life Support” Instructor. “EYZOE” Instructor. Keynote speaker in European Program “ECORAIP Project Avian Flu Update” 2008, Greece.

PUBLICATIONS

1: Papastefanopoulou V, Stanitsa E, Koros C, Simoudis A, Florou-Hatziyiannidou C, Beratis I, Antonelou R, Andronas N, Voskou P, Angelopoulou E, Papatriantafyllou JD, Stefanis L, Kroupis C, Papageorgiou SG. <i>APOE</i> Allele Frequency in Southern Greece: Exploring the Role of Geographical Gradient in the Greek Population. *Geriatrics (Basel)*. 2022 Dec 20;8(1):1. doi:10.3390/geriatrics8010001. PMID: 36648906; PMCID: PMC9844375.

2: Bougea A, Spantideas N, Galanis P, Katsika P, Boufidou F, Voskou P, Vamvakaris I, Anagnostou E, Nikolaou X, Kararizou E. Salivary inflammatory markers in tension type headache and migraine: the SalHead cohort study. *Neurol Sci*. 2020 Apr;41(4):877-884. doi: 10.1007/s10072-019-04151-4. Epub 2019 Dec 10. PMID: 31823093.

3: Kalligerou F, Ntanasi E, Voskou P, Velonakis G, Karavasilis E, Mamalaki E, Kyrozis A, Sigala E, Economou NT, Patas K, Yannakoulia M, Scarmeas N. Aiginition Longitudinal Biomarker Investigation Of Neurodegeneration (ALBION): study design, cohort description, and preliminary data. *Postgrad Med*. 2019 Sep;131(7):501-508. doi: 10.1080/00325481.2019.1663708. Epub 2019 Sep 16. PMID:31483196.

4: Ntanasi E, Scarmeas N, Mamalaki E, Kosmidis MH, Anastasiou CA, Dardiotis E, Hadjigeorgiou G, Megalou M, Voskou P, Sakka P, Yannakoulia M. Food Consumption and Frailty Syndrome: Results From the Hellenic Longitudinal Investigation of Aging and Diet Study. *J Am Med Dir Assoc*. 2019 May;20(5):640-642. doi:10.1016/j.jamda.2018.12.015. Epub 2019 Feb 7. PMID: 30745176.

5: Voskou P, Bougea A, Economou M, Douzenis A, Ginieri-Coccosis M. Relationship of quality of life, psychopathologic symptoms and ways of coping in Greek nursing staff. *Enferm Clin (Engl Ed)*. 2020 Jan-Feb;30(1):23-30. English, Spanish. doi:10.1016/j.enfcli.2018.10.006. Epub 2018 Nov 24. PMID: 30482450.

6: Anagnostou E, Gerakoulis S, Voskou P, Kararizou E. Postural instability during attacks of migraine without aura. *Eur J Neurol*. 2019 Feb;26(2):319-e21. doi: 10.1111/ene.13815. Epub 2018 Oct 26. PMID: 30295375.

7: Papageorgiou SG, Voskou P, Economou A, Beratis I, Douzenis A. Testamentary Capacity Assessment Tool (TCAT): A Brief Instrument for Patients with Dementia. *J Alzheimers Dis*. 2018;61(3):985-994. doi: 10.3233/JAD-170297. PMID: 29254082.

8: Voskou P, Douzenis A, Economou A, Papageorgiou SG. Testamentary Capacity Assessment: Legal, Medical, and Neuropsychological Issues. *J Geriatr Psychiatry Neurol*. 2018 Jan;31(1):3-12. doi: 10.1177/0891988717746508. PMID: 29251179.

9: Bougea A, Zambelis T, Voskou P, Katsika PZ, Tzavara C, Kokotis P, Karandreas N. Reliability and Validation of the Greek Version of the Boston Carpal Tunnel Questionnaire. *Hand (N Y)*. 2018 Sep;13(5):593-599. doi:10.1177/1558944717725379. Epub 2017 Aug 20. PMID: 28825339; PMCID: PMC6109897.

10: Voskou P, Papageorgiou S, Economou A, Douzenis A. [Legal capacity and instruments assessing cognitive functions in patients with dementia]. *Psychiatriki*. 2017 Apr Jun;28(2):165-174. Greek, Modern. doi:10.22365/jpsych.2017.282.165. PMID: 28686563.

11: Bougea A, Kleisarchakis MK, Spantideas N, Voskou P, Thomaidis T, Chrousos G, Belegri SA. Job stress and burnout in the care staff of Leros PIKPA Asylum 25 years after the

first Deinstitutionalisation and Rehabilitation Greek Project. *BJPsych Bull.* 2016 Dec;40(6):296-301. doi: 10.1192/pb.bp.115.052258. PMID:28377806; PMCID: PMC5353518.

12: Bougea A, Voskou P, Kilidireas C, Andreadou E. Capecitabine Induced Multifocal Leukoencephalopathy: Do We Have Always to Switch off the Chemotherapy? *Case Rep Oncol Med.* 2016;2016:2408269. doi: 10.1155/2016/2408269. Epub 2016 Feb 7. PMID: 26966603; PMCID: PMC4761382.

13: Artemiadis AK, Lambrinouadaki I, Voskou P, Tsivgoulis G, Safouris A, Bougea A, Giannopoulos S, Gatzonis S, Triantafyllou N. Preliminary evidence for gender effects of evetiracetam monotherapy duration on bone health of patients with epilepsy. *Epilepsy Behav.*