

TSIGKAROPOULOU EVDOXIA

BASIC EDUCATION

- 1998 - 2002: Aristotle University, Thessaloniki
Diploma in Medicine
Graduated with 7.15 (Very Good)
- 2006 – 2014: University of Athens, Philosophy Department
Degree in Psychology
Graduated with 8.10 (Very Good)
- 1994 - 1998: Alexander Technological Educational Institute of Thessaloniki
Department of Medical Laboratories
Graduated with 8.20 (Very Good)

POST GRADUATE EDUCATION – SPECIALIZATION

- 2010 - 2014: Specialization in Psychiatry (Second Psychiatry Department, Attikon University Hospital)
- 2012-2013: 'Introduction in Cognitive Psychotherapies', Greek company of cognitive psychotherapies (EACT member)
- 2014- 2017: Clinical training in Cognitive Psychotherapy (certificate of completion)
- 2011-2012: Introduction in psychoanalytic theory and practice (1st Department of Psychiatry)
- 2012-2013: Forensic Psychiatry seminar, Second Department of Psychiatry, "Attikon" University General Hospital
- 2014 - 2021: University of Athens, Medical School
PhD title: 'Study of Resilience in Greek population'
<https://pergamos.lib.uoa.gr/uoa/dl/frontend/el/browse/2934690>

CURRENT EMPLOYMENT STATUS

09/2014- today: Private practice

TEACHING EXPERIENCE

Educator of basic training in Cognitive Psychotherapies
Teaching in undergraduate and postgraduate seminars

ORIGINAL PUBLICATIONS IN INTERNATIONAL AND GREEK JOURNALS

1. Efstathiou V, Michopoulos I, Yotsidi V, Smyrnis N, Zompola C, Papadopoulou A, Pomini V, Papadopoulou M, **Tsigkaropoulou E**, Tsivgoulis G, Douzenis A, Gournellis R. Does suicidal ideation increase during the second COVID-19 lockdown? *Psychiatry Res.* 2021 Jul;301:113990. doi: 10.1016/j.psychres.2021.113990. Epub 2021 May 9. PMID: 34020218; PMCID: PMC9225821.
2. **Tsigkaropoulou E**, Ferentinos P, Karavia A, Gournellis R, Gonidakis F, Liappas I, Douzenis A, Michopoulos I. Personality dimensions could explain resilience in patients with eating disorders. *Eat Weight Disord.* 2021 May;26(4):1139-1147. doi: 10.1007/s40519-020-01012-4. Epub 2020 Sep 18. PMID: 32948998.
3. Karavia A, Kapsali F, Gonidakis F, Koliou A, **Tsigkaropoulou E**, Papageorgiou C, Michopoulos I. Olfactory capacity in anorexia nervosa: correlations with set-shifting ability. *Eat Weight Disord.* 2022 Mar;27(2):535-542. doi: 10.1007/s40519-021-01188-3. Epub 2021 Apr 15. PMID: 33860466.
4. Papadopoulou A, Efstathiou V, Yotsidi V, Pomini V, Michopoulos I, Markopoulou E, Papadopoulou M, **Tsigkaropoulou E**, Kalemi G, Tournikioti K, Douzenis A, Gournellis R. Suicidal ideation during COVID-19 lockdown in Greece: Prevalence in the community, risk and protective factors. *Psychiatry Res.* 2021 Mar;297:113713. doi: 10.1016/j.psychres.2021.113713. Epub 2021 Jan 6. PMID: 33450472.
5. Karageorgiou V, Furukawa TA, **Tsigkaropoulou E**, Karavia A, Gournellis R, Soureti A, Bellos I, Douzenis A, Michopoulos I. Adipokines in anorexia nervosa: A systematic review and meta-analysis. *Psychoneuroendocrinology.* 2020 Feb;112:104485. doi: 10.1016/j.psyneuen.2019.104485. Epub 2019 Oct 16. PMID: 31805456.

6. **Tsigkaropoulou E**, Douzenis A, Tsitas N, Ferentinos P, Liappas I, Michopoulos I. Greek Version of the Connor-Davidson Resilience Scale: Psychometric Properties in a Sample of 546 Subjects. *In Vivo*. 2018 Nov-Dec;32(6):1629-1634. doi: 10.21873/invivo.11424. PMID: 30348726; PMCID: PMC6365761.
7. Rizos E, **Tsigkaropoulou E**, Lambrou P, Kanakaki M, Chaniotou A, Alevyzakis E, Liappas I. Risperidone-induced acute eosinophilic pneumonia. *In Vivo*. 2013 Sep-Oct;27(5):651-3. PMID: 23988901.
8. Michopoulos I, Gournellis R, Papadopoulou M, Plachouras D, Vlahakos DV, Tournikioti K, **Tsigkaropoulou E**, Lykouras L. A case of autophagia: a man who was mutilating his fingers by biting them. *J Nerv Ment Dis*. 2012 Feb;200(2):183-5. doi: 10.1097/NMD.0b013e318243989b. PMID: 22297319.
9. **Tsigkaropoulou E**, Peppas M, Zompola C, Rizos E, Xelioti I, Chatziioannou S, Filippopoulou A, Lykouras L. Hypogonadism due to hyperprolactinemia and subsequent first episode of psychosis. *Gend Med*. 2012 Feb;9(1):56-60. doi: 10.1016/j.genm.2012.01.001. PMID: 22333523.
10. **Tsigkaropoulou E**, Hatzilia D, Rizos E, Christodoulou C, Loukides S, Papiris S, Lykouras L. Venlafaxine-induced acute eosinophilic pneumonia. *Gen Hosp Psychiatry*. 2011 Jul-Aug;33(4):411.e7-9. doi: 10.1016/j.genhosppsy.2011.03.010. Epub 2011 May 5. PMID: 21762842.
11. **Tsigkaropoulou E.**, Georgosopoulou F., Karavia A., Kleisoura A., (2015) Anorexia Nervosa and involuntary admission, *Ate six month publication on Forensic Psychiatry and related sciences*. Nov (8), 38-39

ADDITIONAL SKILLS

SOFTWARE: Microsoft Office (Word, Excel, PowerPoint, Outlook, Access)
SPSS

LANGUAGES: English: State certificate (B2 level)
French: Diplôme d' Études Françaises, 2e Degré, Université de Paris-Sorbonne, (C2 level)

CONFERENCES

Participations in Greek and international conferences

Presentations in round tables

Oral presentations

Posters

TRANSLATIONS

From English to Greek: Connor and Davidson Resilience Scale, the CDRISC-25